



## CAMP MANITO-WISH YMCA Summer Camp What to Bring List

The following "What To Bring list" is to be followed closely. This list includes all clothing and equipment you will need for your time at Camp and on your wilderness trip (trail).

- Bring enough clothes for the length of the session. Campers should wear the kind of outdoor clothing in which they will feel most comfortable. You DO NOT need the fanciest, newest equipment out there. Likely, much of what you already own from previous trips or outdoor endeavors will fit into the items on this list. Camp Manito-wish does not require a special uniform for campers, however, clothes should be suitable for camping - do not bring good clothing.
- Don't have something on this list?
  - Email the Summer Program Director and we can check out Gear Library inventory to see if we have it for your camper to use while they are here
  - Head to your local thrift store and see if they have the item
- Laundry service is offered weekly through a local Laundry Company. However, your camper may be on trail when it is picked up – we encourage you to pack accordingly. We let all campers know to put their laundry in the pickup pile each time it is done. Please make sure that the laundry back is launderable. All clothing must also be marked with the camper's name (name tape order info at the end of this list).
  - If your camper has something go missing, please reach out to Camp and we will do our best to locate the item.
- Leave valuables at home. **Camp is not responsible for lost, stolen, or damaged items.**
- Pack in soft labeled luggage/duffle bags as each camper has limited storage space in their cabin.

### Medications

- We suggest that these are packed in their own zip lock bag for easy check in on Opening Day. They should be in their original containers and labeled with campers name.

### ANY QUESTIONS?

Call us at 715-385-2312 or e-mail us at [camp@manito-wish.org](mailto:camp@manito-wish.org)

**For the Cabin and In-Camp**

Item	Quantity	Comments	Check List
Duffle Bag	1-2	To put all of these things into!	
Laundry bag*	1	<b>Launderable</b> Mesh bag labeled with camper's name	
Day bag/backpack	1 Optional	Campers like to carry their water bottles, journal, books and other things around camp	
Warm blankets	1-2	Northern Wisconsin weather can be unpredictable and some nights it can get into the 30s on occasion. Bring something to keep warm	
Twin bed sheet sets	1-2	A second set is nice to have if you need to have one set washed	
Pillow	1	With pillow case	
Sleeping clothes	1-4 sets	Bring something for cold northern Wisconsin nights	
Bath towels	2-3		
Wash cloths	1-2		
Toiletries	1 set	Toothbrush, toothpaste, soap, shampoo, menstrual hygiene products, hairbrush, nail clippers, deodorant, shaving gear, etc.	
Shower caddy	1	Something to carry all your toiletries to the washhouse	
White Shirt and Khaki colored bottoms	1-2	For Sunday Chapel, cabin pictures, and closing banquet	
Socks & underwear	8-14 pair	Enough for one – two weeks. Laundry is done once a week.	
Swimsuit and towel	2 - 4	These will be used at Camp and on your wilderness trip – towel for the waterfront. 2-piece suits are best for ease of going to the bathroom on trail.	
Pants & shorts	5-7 pairs	A mixture of both will be good for the weather and activities while at camp. Pants are required at the Horse Barn.	
T-shirts	5-14	If a graphic t-shirt, content must be appropriate (not drug, alcohol or other explicit references)	
Long sleeve shirts	2-5		
Sweatshirt/fleece	3		
Flannel Shirt	1	Paul or Pauline Bunyan Day embraces lumberjack themes	
Something white	Optional	For tie-dye in the Craft Shop (t-shirt or long sleeve shirt is best)	
Water Shoes	1	Full coverage water shoes (no skin exposed below the ankle) to be worn for the Swim Challenge, and Sailing	
Closed-toed shoes	1-2	For most activities you'll need closed-toed shoes to participate	
Flip flops/shower sandals	1 pair	To be worn to the washhouse and during showers	
Sandals with a heel strap	1 Optional	Can be an option to wear around Camp (Chacos, Texas, Keens)	
Wool/fleece hat *	1	Anything that will cover your ears	
Baseball cap or hat with brim *	1	Sun protection is the primary use, but also used during some evening games	

Items with an \* can be ordered or purchased at Camp (Order must be received by May 1)

Headlamp * with batteries	1	To be able to navigate the night in-camp and on trail	
Water bottle *	2-3	Quart or liter size (recommend Nalgene brand)	
Bug spray	1 bottle	Non-aerosol	
Sunscreen	1 bottle	Non-aerosol	
Stationary and Envelopes	Optional	Pre-stamped and addressed for campers to send letters/postcards to friends and family	
Camera	Optional	Extra memory cards and batteries also recommended. <b>We have disposable cameras for purchase.</b>	
Musical instruments	Optional	Many campers enjoy playing their guitar, trumpet or other instruments. <b>Camp is not responsible for broken instruments.</b>	
Books/journals	Optional	Can be nice to have during down time and for reflection	

**FOR WILDERNESS TRIP - ALL campers will go on a multi-day wilderness trip**

These items can also be used while in-camp. The weather in the Northwoods can be unpredictable. It is best to bring layers to wear on trail for those cool mornings and hot afternoons.

Footwear			
Equipment	Quantity	Comments	Check List
Boots – see below for more info on footwear	1	<b>Canoe trips</b> - Boots with good ankle protection and support and a durable sole. These will get wet. <b>Backpacking trips</b> – Backpacking boots with great ankle protection and support and a durable sole. <b>Sea Kayaking trips</b> – Neoprene boots or tennis shoe with neoprene socks	
Socks	3	Wool, or polypro (no cotton).	
Campsite shoes (could be closed-toed shoes from in-camp)	1	Gym shoes for around camp. If things like Crocs, they need to have no holes (ex. Bistro Crocs). <b>Flip flops, Keens, Chaco's or any footwear where the foot is exposed will not be allowed on the trip.</b>	

Upper Body Clothing			
Equipment	Quantity	Comments	Check List
Light to mid-weight long underwear top*	1	Synthetic or merino wool base layer top.	
Fleece jacket*	1	Should fit over other layers. Good for those chilly times at the campsite.	
Rain jacket*	1	"Rain proof" not "rain resistant." Durable and heavy duty waterproofing is highly recommended, and should fit over all layers.	
Lightweight synthetic top	1-2	Short or long sleeves. This can be a polypro or wool top. Long sleeves are highly recommended as they provide bug and sun protection	

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Lower Body Clothing			
Equipment	Quantity	Comments	Check List
Light to mid-weight long underwear *	1	Synthetic or merino wool. No cotton.	
Fleece pants	1	For those chilly times in the campsite	
Rain pants*	1	Water proof and durable. Vinyl/rubberized is okay.	
Lightweight tripping pants	1	Zip off, quick dry pants have worked well as bug and sun protection. Nylon wind pants also work well.	
Nylon shorts or swim shorts	1	They will be used for wearing during the day – paddling, hiking and around camp.	
Underwear	2-3 pair	Underwear, and sports bras (recommended not cotton)	

Sleeping Equipment			
Equipment	Quantity	Comments	Check List
Sleeping bag *	1	We recommend synthetic or down bags rated to 20 to 30°F, with a compression stuff sack. If backpacking, space and weight is at a premium, bring a more compressible bag. Note that if wet, down will take much longer to dry	
Sleeping pad *	1	Either inflatable (i.e. therm-a-rest) or foam (3/8" thick) that will serve as the insulator between you and the ground. Sleeping pads can be borrowed from Camp.	

Miscellaneous Personal Gear			
Items	Quantity	Comments	Check List
Wool/fleece hat *	1	Can be the one for in-camp. Anything that will cover your ears.	
Baseball cap or hat with brim *	1	Can be the one for in-camp. Sun protection is the primary use.	
Bandanas*	2-3	Great for using as a headband, dish rag or for personal hygiene	
<a href="#">"Pee Rag"</a>	1	Bandana or other reusable cloth product used for feminine hygiene	
Bug Net/Head Net/Bug shirt	1 - Optional	Can be helpful for buggy campsites and portages	
Knife	1 - optional	Small pocketknife or Leatherman. Counselor will hold on to when not on trail.	
Crazy Creek* or camp chair	1 - optional	For around the campsite	
Dry bag or stuff sack*	1-2	<p><b>Canoe trips</b> – 20 liter durable dry bags. SealLine Baja bags are a great example</p> <p><b>Backpacking trips</b> – Compressible dry bags such as the Sea to Summit eVent Compressible dry bag</p> <p><b>Sea Kayaking trips</b> – 10-20 liter durable dry bags. SealLine Baja bags are a great example. Multiple smaller dry bags are easier to pack in the boat than fewer larger bags.</p>	

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### DO NOT BRING:

Food of any kind (gum, candy or snacks), electronics, cell phones, popular magazines, cosmetics/makeup, illegal drugs, tobacco, alcohol, weapons

\*Cell phones with a camera feature are not considered cameras at Manito-wish

### Care Packages:

Care packages that contain food are prohibited. We have campers and staff that have allergies to certain ingredients and food can attract unwanted insects and animals in the cabin. If there is food or candy sent to your camper, we will keep it safe and you can pick it up at the end of the session. If there are any perishable goods, we will need to dispose of those items. Sending fun activities, games, toys, books, stickers or temporary tattoos are great care package ideas.

### Canoeing Trips –

#### Paddle:

We have paddles for campers to borrow for their trip. If you would like to purchase paddles at Camp we have Bending Branches Loons and Mohawk paddles for sale. You can also bring your own if you would like.

#### Lifejacket:

We have lifejackets for everyone to borrow. If you would like to bring your own for your comfort you can, it must be a Type III PFD.

### Backpacking Trips–

#### Boots:

There are many brands and styles of boots on the market. You need a light backpacking boot; do not buy heavy mountaineering boots. Have a sales person pick a sturdy, stiff-soled boot that will hold up in rugged travel and provide ankle support. Also, make sure that the boot fits well; you ought to be able to wear a heavy pair of wool or wool-blended socks with them. Break them in by wearing them often before you come to camp or you will get blisters.

#### Weight:

On backpacking trips, you are carrying all your equipment to each campsite every day. Keep this in mind when you pack and choose lighter options when possible.

### Sea Kayaking Trips –

#### Wet shoes:

Either neoprene booties with sole or supportive, closed-toe water shoes. NRS ATB, Astral's sneaker like water shoe options are great examples. Look for a boot that will keep you warm, has good tread and will be comfortable sitting in a kayak all day.

#### Lifejacket:

We have lifejackets for everyone to borrow. If you would like to bring your own for your comfort you can, it must be a Type III PFD.

### ANY QUESTIONS?

Call us at 715-385-2312 or e-mail us at [camp@manito-wish.org](mailto:camp@manito-wish.org)

**\*SLEEPING BAGS, SLEEPING PADS, LONG UNDERWEAR, RAIN SUITS and CRAZY CREEK chairs** can be pre-ordered through Camp Manito-wish. Orders must be placed by May 1! Visit our website to find the order form.

**\*\*NAME TAPES:** Every item brought to camp must bear the name of the camper. For your convenience, we recommend ordering from Sterling Name Tape (1-800-654-5210). Mention **K1626** when ordering.

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