

# CAMP MANITO-WISH YMCA

## Summer Camp What to Bring List

The following "What To Bring list" is to be followed closely. This list includes all clothing and equipment you will need for your time at Camp and on your wilderness trip (trail).

- Campers should wear the kind of outdoor clothing in which they will feel most comfortable. Camp Manito-wish does not require a special uniform for campers, however, clothes should be suitable for camping - do not bring good clothing.
- Laundry service is offered weekly. However, your camper may be on trail when it is picked up – we encourage you to pack accordingly. All clothing must be marked with the camper's name (name tape order info at the end of this list).
- Leave valuables at home. **Camp is not responsible for lost, stolen, or damaged items.**
- Pack in soft labeled luggage/duffle bags as each camper has limited storage space in their cabin.

### For the Cabin and Camp

Item	Quantity	Comments	Check List
Facemasks	7-14	Reusable or disposable. A clean mask for each day, laundry will be completed each week.	
Warm blankets	1-2	It's required that each camper have warm blankets and a sleeping bag. It can get into the 30s on occasion.	
Twin bed sheet sets	1-2	A second set is nice to have if you need to have one set washed.	
Pillow	1		
Sleeping clothes	1-2 sets	Bring something for cold northern Wisconsin nights.	
Bath towels	2		
Wash cloths	1-2		
Toiletries	1 set	Toothbrush, toothpaste, soap, shampoo, feminine hygiene products, hairbrush, nail clippers, deodorant, etc.	
Flip flops/shower sandals	1 pair	To be worn to the washhouse and during showers.	
White dress shirt	1	For Sunday, picture day, and banquet.	
Socks & underwear	8-14 pair	Enough for one – two weeks. Laundry is done once a week.	
Swimsuit	2	These will be used at Camp and on your trip.	
Water Shoes	1	Full coverage water shoes (no skin exposed below the ankle) to be worn for the swim challenge and sailing.	
Pants & shorts	4 pair	Include one pair of khaki colored shorts or pants for Sunday.	
T-shirts	5-7		
Sweatshirt/fleece	2		
Long sleeve shirts	2-3		
Laundry bag*	1	Mesh bag labeled with camper's name	
Flannel Shirt	Optional	Paul or Pauline Bunyan Day embraces lumberjack themes.	
Musical instruments	Optional	Many campers enjoy playing their guitar, trumpet or other instrument	
Books/journals	Optional		

Items with an \* can be ordered or purchased at Camp (Order must be received by May 1)

**FOR WILDERNESS TRIP - ALL campers will go on the trail**

Footwear			
Equipment	Quantity	Comments	Check List
Boots	1	<p><b>Canoe trips</b> - Boots with good ankle protection and support and a durable sole. These will get wet.</p> <p><b>Backpacking trips</b> – Backpacking boots with great ankle protection and support and a durable sole. See note at the end</p> <p><b>Sea Kayaking trips</b> – Neoprene boots or tennis shoe with neoprene socks</p>	
Socks	3	Wool, or polypro (no cotton).	
Campsite shoes	1	Gym shoes for around camp. Crocs – need to have no wholes. <b>Sandals, Keens, Chaco’s or any footwear where the foot is exposed will not be allowed on the trip.</b>	

Upper Body Clothing			
Equipment	Quantity	Comments	Check List
Light to mid-weight long underwear top*	1	Synthetic or merino wool base layer top. No cotton.	
Fleece jacket*	1	Should fit over other layers. Can be generic brands for fleece.	
Rain jacket*	1	We recommend “rain proof” not “rain resistant.” Durable and heavy duty water proofing is highly recommended, and should fit over all layers.	
Lightweight synthetic top	1-2	This can be a polypro or wool top. Long sleeves and collars are highly recommended as they provide bug and sun protection	

Lower Body Clothing			
Equipment	Quantity	Comments	Check List
Light to mid-weight long underwear *	1	Synthetic or merino wool. No cotton.	
Fleece pants	1		
Rain pants*	1	Water proof and durable. Vinyl/rubberized is okay.	
Lightweight tripping pants	1	Zip off, quick dry pants have worked well as bug and sun protection. Nylon wind pants also work well.	
Nylon shorts or swim shorts	1	They will be used for hiking and around camp and swimming. Girls tend to like 2-piece suits for ease of going to the bathroom.	
Underwear	2-3 pair	For girls, sports bras made out of a moisture wicking material are recommended.	

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Sleeping Equipment			
Equipment	Quantity	Comments	Check List
Sleeping bag *	1	We recommend synthetic or down bags rated to 20 to 30°F, with a compression stuff sack. If backpacking, space and weight is at a premium, bring a more compressible bag	
Sleeping pad *	1	Either inflatable (i.e. therm-a-rest) or foam (3/8" thick) that will serve as the insulator between you and the ground. Simple foam pads can be borrowed from Camp.	

Miscellaneous Personal Gear			
Items	Quantity	Comments	Check List
Wool/fleece hat *	1	Anything that will cover your ears.	
Baseball cap or hat with brim *	1	Sun protection is the primary use.	
Bandanas*	2-3	Great for using as a headband, dish rag or for personal hygiene	
Bug Net/Head Net/Bug shirt	1 - Optional	Can be helpful for buggy campsites and portages	
Water bottle *	2	Wide-mouth quart or liter size.	
Camera	1 - optional	Small, light and durable. Extra memory cards and batteries also recommended. A waterproof case is nice to have. <b>We have disposable cameras for purchase.</b>	
Knife	1 - optional	Small pocketknife or Leatherman. Counselor will hold on to when not on trail.	
Headlamp *	1	More versatile than a traditional flashlight. Good ones can be found by Petzl, Black Diamond and Princeton Tec.	
Crazy Creek or camp chair *	1 - optional	For around the campsite	
Dry bag or stuff sack*	1-2	<b>Canoe trips</b> – 20 liter durable dry bags. SealLine Baja bags are a great example <b>Backpacking trips</b> – Compressible dry bags such as the Sea to Summit eVent Compressible dry bag <b>Sea Kayaking trips</b> – 10-20 liter durable dry bags. SealLine Baja bags are a great example. Multiple smaller dry bags are easier to pack in the boat than fewer larger bags.	

DO NOT BRING:
Food of any kind (gum, candy or snacks), electronics, cell phones, magazines, cosmetics, illegal drugs, tobacco, alcohol, weapons *Cell phones with a camera feature are not considered cameras at Manito-wish
Care Packages:
Care packages that contain food are prohibited. We have campers and staff that have allergies to certain ingredients and food can attract unwanted insects and animals in the cabin. If there is food or candy sent to your camper, we will keep it safe and you can pick it up at the end of the session. Sending fun activities, games, toys, books, stickers or tattoos are great care package ideas.

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## Canoeing Trips –

### Paddle:

We have Mohawk paddles for campers to borrow for their trip. If you would like to purchase paddles at Camp we have Bending Branches Loons and Mohawk paddles for sale. You can also bring your own if you would like.

### Lifejacket:

We have lifejackets for everyone to borrow. If you would like to bring your own for your comfort you can, it must be a Type III PFD.

## Backpacking Trips–

### Boots:

There are many brands and styles of boots on the market. Try to stay away from generic brands or no-name brand boots as they tend to fall apart. You need a light backpacking boot; do not buy heavy mountaineering boots. All-leather boots are sturdier than nylon/leather boots, but you do not need to invest in all-leather boots unless your feet have stopped growing, or you anticipate going on longer, off-trail trips. Have a sales person pick a sturdy, stiff-soled boot that will hold up in rugged travel and provide ankle support. Also, make sure that the boot fits well; you ought to be able to wear a heavy pair of wool or wool-blended socks with them. Break them in by wearing them often before you come to camp or you will get blisters.

### Weight:

On backpacking trips, you are carrying all your equipment to each campsite every day. Keep this in mind when you pack and choose lighter options when possible.

## Sea Kayaking Trips –

### Lifejacket:

We have lifejackets for everyone to borrow. If you would like to bring your own for your comfort you can, it must be a Type III PFD.

### ANY QUESTIONS?

Call us at 715-385-2312 or e-mail us at [camp@manito-wish.org](mailto:camp@manito-wish.org)

**\*SLEEPING BAGS, SLEEPING PADS, LONG UNDERWEAR, RAIN SUITS and CRAZY CREEK chairs** can be pre-ordered through Camp Manito-wish. Orders must be placed by May 1! Visit our website to find the order form.

**\*\*NAME TAPES:** Every item brought to camp must bear the name of the camper. For your convenience, an order form for Sterling Name Tape (1-800-654-5210) is enclosed. Mention **K1626** when ordering.

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